



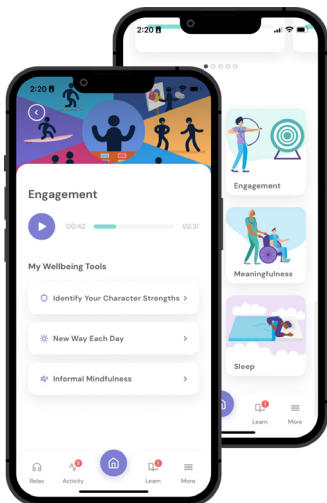
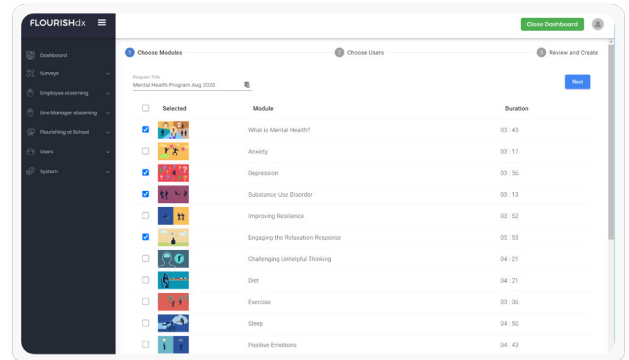
BARCLAYSS®

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FlourishDx

Build and promote a psychologically healthy and safe workplace

FlourishDx is a web platform designed to assist companies to prevent mental illness and achieve an optimal level of wellbeing. It's the first digital tool in the world to combine a risk management framework with positive psychology and character strengths. This meets the shared responsibility for workplace mental health.



Overview of features:

The platform has a range of tools including surveys which create de-identified data used to mitigate hazards within the workplace.

Video content and activities are available on the platform to assist employees with their mental wellbeing, sleep health, guided mediations and more.

Users can also engage in training on the platform with courses on mental health, sleep health and fatigue risk management available.

Wellbeing Check In:

The wellbeing check-in is a quick 30-second employee assessment where workers can reflect on how they feel and why they feel that way; looking at both personal and work-related factors. They can select multiple reasons for their feelings from an extensive list of factors. The data from the check-in is de-identified and made available for managers to observe trends and review the top reasons for positive and negative moods, enabling identification of hazards.

The Work Factors Risk Assessment Tool:

Managers can gain understanding of the risk of exposure to injury due to psychological hazards through the work factors assessment tool. The tool assesses the severity, frequency and duration of wellbeing impact as experienced by employees. Work factors in need of intervention can then be addressed as a priority.



BARCLAYSS® Approach

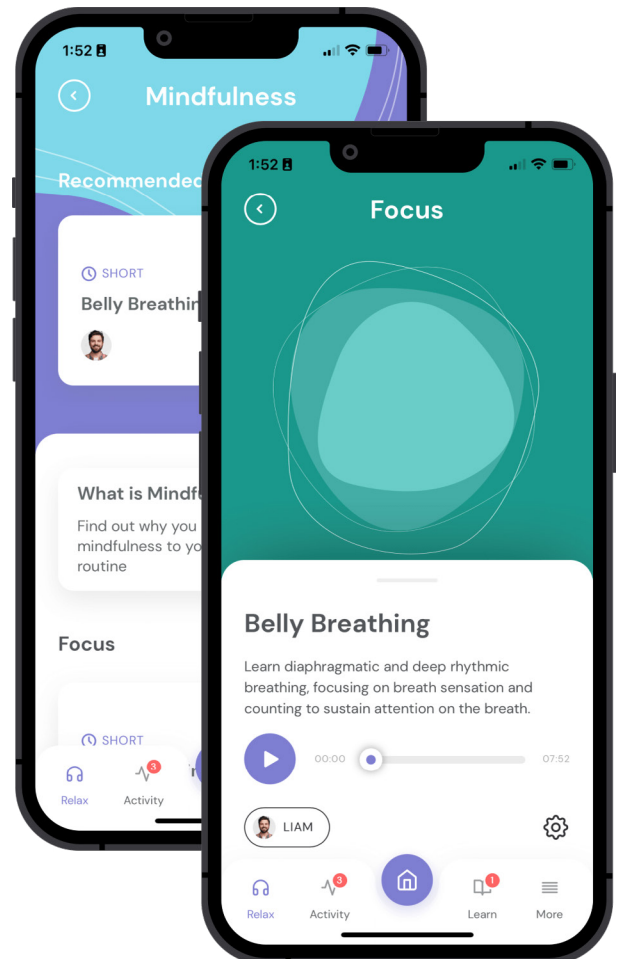
Effective management of psychological risks is crucial for organisations. These risks require a distinct approach from conventional risks due to their personalised nature, affecting individuals in varying ways.

Setup: A BARCLAYSS® consultant will work with your nominated team to setup FlourishDX and coordinate the initial risk assessment process.

Team Coaching: FlourishDX empowers teams to focus on discussing psychological risks as a team. BARCLAYSS® will spend time coaching teams on these conversations to create resilience in the psychological risk and create an upstander culture.

Leadership Coaching: Middle management and senior leaders don't always know how to address or respond to psychological risks. BARCLAYSS® will support leaders to understand psychological risks and develop their own response plans to become proactive around these risks.

Leadership Coach the Coach: BARCLAYSS® will work with your nominated stakeholders to develop their capability for coaching teams and leaders into the future.



In Line with International Standards

FlourishDx brings companies up to international psychological health and safety at work standard, ISO 45003:2021. This is done through The Flourish Factor which tracks company progress in implementing the full requirements of the standard.